EXERCISE 1  Actions — Parts of the Body

[Note: If children make a mistake, demonstrate the correct action and have the children do it. Then return to step a in part 2 and repeat the exercise.]

1. It's time for some actions.
   a. I can touch my chin. Watch. (Touch your chin.)
   b. What am I doing? (Signal.) Touching your chin.

2. Now it's your turn.
   a. Everybody, smile. (Signal. Wait.)
      What are you doing? (Signal.) Smiling.
      Say the whole thing. (Signal.) I am smiling.
   b. Everybody, touch your chin. (Signal. Wait.)
      What are you doing? (Signal.) Touching my chin.
      Say the whole thing. (Signal.) I am touching my chin.
   c. Everybody, touch your leg. (Signal. Wait.)
      What are you doing? (Signal.) Touching my leg.
      Say the whole thing. (Signal.) I am touching my leg.
   d. Everybody, touch your head. (Signal. Wait.)
      What are you doing? (Signal.) Touching my head.
      Say the whole thing. (Signal.) I am touching my head.
   e. Everybody, touch your hand. (Signal. Wait.)
      What are you doing? (Signal.) Touching my hand.
      Say the whole thing. (Signal.) I am touching my hand.
   f. Put your hand down. (Signal.)

3. Let's do that again.
   (Repeat part 2 until all children's responses are firm.)