Common Setting Events Associated With Problem Behavior

**Environmental**
Crowded conditions
Barren environment
Noise level
Heat/Cold
Time of day
Music
Physical lay out of environment
Group instruction
Independent seatwork
Curriculum
Being late for school
Staffing patterns
Moving to new school/home
Transitions

**Social**
Major life changes
Fight with peers
Negative social interactions
Family divorce/Discord
Certain individuals
Losing a game
Changes in teacher or classmates
Fight on the bus or playground
Loss of a loved one

**Physiological**
Not enough exercise
Agitation due to emotions, physiological conditions
Sleep disturbance
Illness
Pain
Allergies
Infections
Constipation
Injury
Mood
Mental illness
Hunger/Thirst
Hypothyroidism

Menses
Medication changes
Mediation dosage and administration problems
Medication side effects
• Difficulty sleeping
• Constipation
• Headache
• Stomach problem

Lethargy

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